



Bonjela Junior gel for mouth ulcers


This leaflet has been written for parents and carers about how to use this medicine in children. Please read this leaflet carefully. Keep it somewhere safe so that you can read it again.

Name of medicine

Bonjela Junior Gel

Contains lidocaine hydrochloride and cetylpyridinium chloride.

The gel contains a tiny amount of alcohol.

 Adult preparations of Bonjela (Bonjela Adult, Cool Mint Gel, Bonjela Plus) contain a different ingredient from Bonjela Junior gel and should not be used for mouth ulcers in children under 16 years of age.

Why is it important for my child to use this gel?

Bonjela Junior gel contains two ingredients that are useful when treating mouth ulcers.

- Lidocaine is local anaesthetic. It numbs the sore area, reducing pain and irritation.
- Cetylpyridinium chloride is an antiseptic, meaning that it kills germs. This helps to prevent the ulcer from becoming infected.

When should I use Bonjela Junior Gel?

Apply the gel to the sore area when the pain starts. You can apply it again 20 minutes later. You can then apply it every 3 hours. Stop applying it if the pain has stopped.

Make a note of the times you apply the gel so that you know when to apply it again.

How much should I use?

Check the instructions on the packet. Apply enough gel to cover the painful area in the mouth with a thin layer.

How should I apply it?

- Wash your hands thoroughly with soap and hot water before and after applying the gel.
- Squeeze out a small amount of gel onto your fore finger. Spread the gel in a thin layer over the affected area of the mouth. Do not rub it in.
- Do not apply the gel to areas that are not sore.

When should the gel start to work?

The local anaesthetic will start to work straight away, although it may take a while for your child to settle as the pain improves.

What if my child is sick (vomits)?

- If your child is sick less than 30 minutes after applying the gel, apply the same amount again.
- If your child is sick more than 30 minutes after applying the gel, you do not need to apply it again.

What if I forget to use it?

If your child still needs the gel for pain relief, apply the gel as soon as you remember.

What if I think I have used too much?

Bonjela Junior gel is unlikely to cause harm if you apply an extra amount by mistake.

Are there any possible side-effects?

We use medicines to make our children better but sometimes they cause effects that we don't want (side-effects).

Bonjela Junior Gel is unlikely to cause any side-effects.

Can other medicines be given at the same time as using Bonjela Junior gel?

- You can give your child medicines that contain ibuprofen or paracetamol, unless your doctor has told you not to.
- If your child is on any other medicines, check with your pharmacist before using Bonjela Junior gel.

Is there anything else I need to know about this medicine?

- This gel is not suitable for babies and young children who have pain from teething. Your pharmacist will be able to recommend an appropriate medicine for this.
- Lidocaine is also used on the skin or as by injection as a local anaesthetic. The amount of lidocaine is much lower in Bonjela Junior gel.
- If your child has heart or liver problems, check with your doctor or pharmacist before using Bonjela Junior gel.

Who to contact for more information

Your pharmacist or dentist will be able to give you more information about Bonjela Junior gel and other treatments for mouth ulcers. You can also get information from:

England: NHS 111 Tel 111 [nhs.uk](https://www.nhs.uk)

Scotland: NHS 24 Tel 111 [nhs24.scot](https://www.nhs.uk/nhs24)

Wales: NHS 111 Wales Tel 111 [111.wales.nhs.uk](https://www.nhs.uk/111-wales)

Northern Ireland: NI Direct [nidirect.gov.uk](https://www.nidirect.gov.uk)

www.medicinesforchildren.org.uk